

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Ryckeman Brian

Coaches: Taveirne Bea HEADCOACH

Coaches: Valcke Rik

Coaches: Vercooren cheyenne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:3, starttime: 09:22
Heat: 3/9 Lane : 3 Athlete: FERKET AIDAN					Q-time: 01:30:04
PB (25m pool): 01:35.81 leper 04/01/2026					PB (50m pool): 01:30.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.41		01:35.81	
	00:44.41		00:51.40		
					

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:8, starttime: 09:32
Heat: 8/9 Lane : 4 Athlete: LAFORCE LANDER					Q-time: 01:16:40
PB (25m pool): 01:16.40 Zwevegem 31/05/2026					PB (50m pool): 01:18.99 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.37		01:16.40	
	00:36.37		00:40.03		
					

Coach feedback:

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:9, starttime: 09:34
Heat: 9/9 Lane : 2 Athlete: DAUWE LARS					Q-time: 01:12:72
PB (25m pool): 01:18.16 leper 04/01/2026					PB (50m pool): 01:12.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.66		01:18.16	
	00:35.66		00:42.50		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ROSC

Event number: 53: 100M BUTTERFLY MEN 11-12					Heat:9, starttime: 09:34
Heat: 9/9 Lane : 8 Athlete: STAELENS TYLER					Q-time: 01:14:96
PB (25m pool): 01:18.90 leper 04/01/2026					PB (50m pool): 01:14.96 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.09		01:18.90	
	00:37.09		00:41.81		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 09:42
Heat: 4/10 Lane : 1 Athlete: CANNIERE ERIN					Q-time: 01:28:89
PB (25m pool): 01:28.89 leper 04/01/2026					PB (50m pool): 01:33.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.77		01:28.89	
	00:39.77		00:49.12		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:4, starttime: 09:42
Heat: 4/10 Lane : 6 Athlete: ANTIERENS LOUISE					Q-time: 01:27:80
PB (25m pool): 01:36.77 leper 04/01/2026					PB (50m pool): 01:27.80 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.20		01:36.77	
	00:43.20		00:53.57		
					

Coach feedback:

Event number: 54: 100M BUTTERFLY WOMEN 11-12					Heat:10, starttime: 09:54
Heat: 10/10 Lane : 2 Athlete: RYCKEMAN ELLA					Q-time: 01:13:71
PB (25m pool): 01:18.18 Diksmuide 12/10/2025					PB (50m pool): 01:13.71 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.36		01:18.18	
	00:36.36		00:41.82		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ROSC

Event number: 55: 400M MEDLEY MEN 13-14							Heat:1, starttime: 09:56	
Heat: 1/2 Lane : 5 Athlete: DEVOS MATHIS							Q-time: 05:23:63	
PB (25m pool): 05:30.29 Brugge 20/10/2024				PB (50m pool): 05:23.63SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.37		01:17.49		02:00.16		02:41.45
	00:35.37		00:42.12		00:42.67		00:41.29	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:28.46		04:16.24		04:53.30		05:30.29
	00:47.01		00:47.78		00:37.06		00:36.99	
								

Coach feedback:

Event number: 55: 400M MEDLEY MEN 13-14							Heat:2, starttime: 10:02	
Heat: 2/2 Lane : 1 Athlete: VANDEVIJVERE LARS							Q-time: 05:20:54	
PB (25m pool): 05:20.54 Brugge 04/10/2026				PB (50m pool): 05:30.23 SB: 05:20.54 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.62		01:12.00		01:56.10		02:36.09
	00:33.62		00:38.38		00:44.10		00:39.99	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:22.42		04:10.18		04:47.00		05:20.54
	00:46.33		00:47.76		00:36.82		00:33.54	
								

Coach feedback:

Event number: 57: 200M BUTTERFLY MEN 15-16							Heat:1, starttime: 10:22	
Heat: 1/2 Lane : 5 Athlete: QUARTIER MATISSE							Q-time: 02:30:13	
PB (25m pool): 02:30.13 Brugge 04/10/2026				PB (50m pool): 02:30.81 SB: 02:30.13 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.32		01:10.31		01:50.36		02:30.13
	00:31.32		00:38.99		00:40.05		00:39.77	
								

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ROSC

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:3, starttime: 10:39
Heat: 3/10 Lane : 6 Athlete: FERKET AIDAN					Q-time: 01:12:23
PB (25m pool): 01:12.23 Zwevegem 31/05/2026					PB (50m pool): 01:15.04 SB: 01:12.77 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.22		01:12.23	
	00:35.22		00:37.01		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:8, starttime: 10:47
Heat: 8/10 Lane : 5 Athlete: LAFORCE LANDER					Q-time: 01:06:34
PB (25m pool): 01:06.34 Brugge 04/10/2026					PB (50m pool): 01:08.18 SB: 01:06.34 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.75		01:06.34	
	00:31.75		00:34.59		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:9, starttime: 10:49
Heat: 9/10 Lane : 5 Athlete: DAUWE LARS					Q-time: 01:04:56
PB (25m pool): 01:04.56 Brugge 04/10/2026					PB (50m pool): 01:05.14 SB: 01:04.56 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.91		01:04.56	
	00:30.91		00:33.65		
					

Coach feedback:

Event number: 59: 100M FREESTYLE MEN 11-12					Heat:9, starttime: 10:49
Heat: 9/10 Lane : 8 Athlete: STAELENS TYLER					Q-time: 01:06:05
PB (25m pool): 01:06.11 Zwevegem 31/05/2026					PB (50m pool): 01:06.05 SB: 01:06.56 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.12		01:06.11	
	00:32.12		00:33.99		
					

Coach feedback:

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: ROSC

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:3, starttime: 10:56
Heat: 3/10 Lane : 7 Athlete: ANTIERENS LOUISE					Q-time: 01:12:00
PB (25m pool): 01:12.00 Brugge 04/10/2026					PB (50m pool): 01:12.27 SB: 01:12.00 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.32		01:12.00	
	00:35.32		00:36.68		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:8, starttime: 11:04
Heat: 8/10 Lane : 7 Athlete: CANNIERE ERIN					Q-time: 01:07:79
PB (25m pool): 01:07.79 Brugge 04/10/2026					PB (50m pool): 01:08.56 SB: 01:07.79 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.18		01:07.79	
	00:32.18		00:35.61		
					

Coach feedback:

Event number: 60: 100M FREESTYLE WOMEN 11-12					Heat:10, starttime: 11:07
Heat: 10/10 Lane : 6 Athlete: RYCKEMAN ELLA					Q-time: 01:04:84
PB (25m pool): 01:04.84 Zwevegem 31/05/2026					PB (50m pool): 01:05.41 SB: 01:05.68 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.57		01:04.84	
	00:31.57		00:33.27		
					

Coach feedback: